



No. PDMA(S)/7(78)/15/316
PROVINCIAL DISASTER MANAGEMENT AUTHORITY
REHABILITATION DEPARTMENT
GOVERNMENT OF SINDH
PLOT NO. 26-C, MAIN KHAYABAN-E-JAMI,
DHA PHASE-VII, KARACHI
Phone: 021-99332003-5, Fax: 021-99332007



MOST URGENT
BY FAX

Dated: 29th April, 2022

To,

The Deputy Commissioner(s) / Chairman DDMAs

Karachi South, East, West, Korangi, Central, Keamari, Malir, Hyderabad,
Thatta, Dadu, Badin, Mirpurkhas, Tharparkar, Umerkot, Nawabshah,
Jacobabad, Larkana, Shikarpur, Kambar-Shahdadkot & Sukkur .

Subject:

HEAT WAVE – ALERT

Met office has informed that prevailing severe heat wave condition over interior Sindh would persist till 1st / 2nd May, 2022.

- Daytime maximum temperatures may rise to 46-48 °C in Dadu, Nawabshah, Jacobabad, Larkana, Sukkur districts during the period. While, Badin, Tharparker, Umerkot & Hyderabad districts may experience maximum temperature 42-44 °C.
 - People are advised to take care during peak heatwave hours. Karachi weather likely to remain hot & humid with maximum temperature range 37-39 °
2. **Weather forecast:** A westerly wave is likely to enter Balochistan from 1st May. Under its influence.
- Dust-thunderstorm /rain expected in Sukkur, Larkana, Dadu, Jacobabad Shikarpur & Kambar-Shahdadkot districts, while Dust storm may also occur in Karachi, Hyderabad, Thatta, Badin, Mirpurkhas & Umerkot.
3. Keeping above in view, it is recommended that concerned DDMA and other Relevant Authorities / Stakeholders take all necessary mitigation measures including:
- (a) Establishment of **Heatstroke Stabilization Centers / Relief Centers** at Government and Private Hospitals, Basic / Rural Health Units (B/RHUs), any available government buildings and community centers with generator based electricity and **assured provision / availability of water**.
 - (b) **Improve coordination** with emergency services and also between various departments.
 - (c) Enhance **awareness campaign** to educate the public on preventive measures.
 - (d) Establishment of **helpline to address needs of affected people** at priority basis
 - (e) Assist general public in **provision of water and necessary emergency medicines** for heat stroke victims.
 - (f) **Stockpile necessary emergency relief / medicine** stores in drought affected areas.
 - (g) Take all necessary preventive measures including warning to general public especially farmers about possible dust storms during harvesting / threshing.



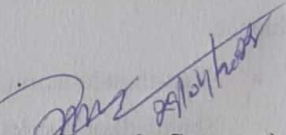
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- (h) DDMA's may timely inform PDMA Sindh for any assistance with regard to heatwave windstorms related emergencies such as establishment of heatstroke centers, awareness campaign, issue of SMS alerts to relevant areas.
- (i) Authorities to **take appropriate water conservation measures** in both urban and rural areas.
- (j) Ensure availability of uninterrupted power supply through intimate coordination with concerned departments and provision / availability of standby generators for heatstroke centers/hospitals.
- (k) Emergency services and ambulances with trained paramedics to remain available around the clock, especially during day time.
- (l) Wind or dust storm may cause fall of old trees and unearthing of bill boards / sign boards and electric polls therefore, people are advised do not take shelter under trees, bill boards and electric polls.
- (m) People living in rural area are advised to turn off lid of their stoves during wind to avoid any fire incident.
- (n) Loose structured huts & billboards may experience damage due to dust/wind-storm.
- (o) Arrange and pre-place necessary inventory and other essentials at vulnerable locations.
- (p) Coordinate with relevant District & Municipal Administration to secure or remove billboards/hoardings in light of thunderstorm / high winds.
- (q) Travelers be apprised about weather forecast.

4. Forwarded for information / necessary action, please


(Maqsood Hussain Soomro)
Assistant Director (Operations)

A copy is forwarded for information & necessary action to:

1. The Secretary to Government of Sindh, Health Department, Karachi.
2. The Secretary to Government of Sindh, Agriculture Department, Karachi.
3. The Secretary to Government of Sindh, Livestock & Fisheries Department, Karachi.
4. The Secretary to Government of Sindh, Local Government Department, Karachi (With a request for further dissemination to the DMC's concerned).
5. The Secretary to Government of Sindh, Information Department, Karachi (With a request for wide publicity through the electronic & print media).
6. The Commissioner (s) Karachi, Hyderabad, Mirpurkhas, Shaheed Benazirabad, Sukkur & Larkana Divisions.
7. The Metropolitan Commissioner, Karachi Metropolitan Corporation, Karachi.
8. The Deputy Secretary (Staff) to Chief Minister Sindh, Karachi.
9. The Deputy Secretary (Staff) to Chief Secretary Sindh, Karachi.
10. The Director (Response), National Disaster Management Authority, Islamabad.
11. The Head Quarters ComCoast Karachi.



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12. The Head Quarters ComKar, Karachi
13. The Head Quarters, 5 Corps, Karachi.
14. The Chief Executive Officer, KE/HESCO/SEPCO (with a request to ensure availability of uninterrupted power supply for Heatstroke Centers/Hospitals).
15. The Chief Executive, Edhi Foundation, Al Mustafa Welafre Trust, Alamgir Welfare Trust, Khidmat-e-Khaliq Foundation, Paksitan Red Crescent Sindh, Chhipa Welafre Organization (with a request to ensure availability of ambulance at densely populated areas as well as near the established Heat Stroke Centres).
16. The Staff Officer to Chairman, National Disaster Management Authority, Islamabad.
17. The PS to Advisor to Chief Minister Sindh, for Relief & Rehabilitation Department Government of Sindh, Karachi.
18. The PS to Secretary Rehabilitation Department, Government of Sindh, Karachi.
19. The PS to Director General, PDMA Sindh, Karachi.

PRECAUTIONARY MEASURES FOR GENERAL PUBLIC DURING

HEATWAVE / HIGH TEMPERATUR

- (a) Keep a bottle of cold water with you when you are travelling.
- (b) Avoid tea, coffee, hot, spicy and salty foods that can cause dehydration
- (c) Make use of Fans or air conditioners if possible
- (d) Wear lightweight, light-colored, loose-fitting cloths
- (e) Increase intake of water and juices etc. even if not needed
- (f) Avoid laboring work in peak hour in hot days
- (g) Take a shower or wet your head to help you cool down when you feel hot
- (h) Wear a cap or take an umbrella with you for shade if you are outside on a hot day
- (i) Head should be covered with wet cloth to avoid sunshine
- (j) Take special care of old age and children during extreme weathers
- (k) Children should not be left alone in closed vehicles
- (l) Immediately report to the nearest heatstroke center or hospital if you feel being affected by heat wave